



# PROGRAMS & EVENTS



## Mattapoisett YMCA

Summer Session • June 24 – August 18, 2019

Summer A: June 24 – July 21, 2019 (4th of July prorated)

Summer B: July 22 – August 18

Summer C: June 24 – August 18 (4th of July prorated)

### CLIMBERS CLUB • Ages 7-13 • Summer C

Introduction to our ropes course working our way up to the top! Participants will start with the basics including team building activities, mastering our low ropes course, climbing the rock wall to view our beautiful Mattapoisett Harbor, crossing the Berma Bridge, and then off to the vertical play pen!

**Tuesdays: 4:30 – 5:15pm**

**Members: \$56 | Program Participants: \$108**

### MESSY ART • Ages 3-5 • Summer C

Let your artist's creativity shine as they explore fun and exciting art projects all while getting a little messy.

**Tuesdays: 3:30 – 4:15pm**

**Members: \$56 | Program Participants: \$108**

### KAYAK KIDS • Ages 8-14 • Summer C

Participants will learn basic paddling strokes, boat safety, take trips around the harbor and enjoy the wonderful scenery! All children must pass a swim test prior to enrollment.

**Tuesdays: 5:00-6:00pm**

### MUNCHKIN SOCCER • Ages 3-5 – Summer C

Emphasizes fundamental skills, teamwork, fair play, and competition while having fun playing and learning the sport. Space is limited. Pre-Registration required. Please call the Branch for Registration Forms.

**Wednesdays: 4:30 – 5:15pm**

**Members: \$56 | Program Participants: \$108**

### YOGA

Relaxation through a series of movement, poses and breathing that can be accommodating to all fitness levels.

**Mondays & Wednesdays: 6:30 – 7:30pm**

**Members: Free | Program Participants: \$10/class**

### AQUATIC PROGRAMMING

#### Preschool Ages 3-5 SUMMER A & B

Days	Times
Mon & Wed	4:30pm
Tues & Thurs	4:30pm

#### Youth Ages 6+ SUMMER A & B

Days	Times
Mon & Wed	4:30pm
Tues & Thurs	4:30pm

Classes in Sessions A & B are 30 minutes

#### Youth Ages 6+ SUMMER C

Days	Times
Thurs	5:00-5:45pm



**Members: \$48 | Program Participants: \$108**



## Shining Tides

WEDDINGS BY THE SEA

A Division of YMCAs SOUTHCOST  
508.525.5729 • WEDDINGS@YMCASC.ORG  
SHININGTIDESWEDDINGS.COM

### KID'S NIGHT OUT!

**Friday, July 26 • 5:30-8:30pm**

Extend your camp day and join us for dinner, free swim, s'mores on the beach and more!

**Members: \$15 | General Public: \$20**