

PROGRAMS

Mattapoissett YMCA



Spring 1 Session • February 25 – April 14, 2019

SUPER SILLY SCIENCE Ages 6 – 9

Join us as we explore the world of science with hands-on activities that celebrate natural curiosity. From volcanos to elephants' toothpaste, join us to get messy, have fun and learn!

Saturdays: 10:00 - 11:00 am

Members: \$56 | **Program Participants:** \$108

YOGA

Relaxation through a series of movement, poses, and breathing that can be adjusted to accommodate all fitness levels.

Mondays & Wednesdays: 6:30 - 7:30pm

Members: Free

Program Participants: \$10/class

Seniors: \$7/class

CALLING ALL STARS!

In this course, we will learn the basics of acting and theatre! Using drama games, improv, acting exercises and script work, students will explore the topics of voice, movement, character development, staging, ensemble, and more! The course will conclude with a student showcase.

Saturdays: 11:00 am - 1:00pm

Members: \$56 | **Program Participants:** \$108

KIDS NIGHT OUT

March 8 & April 12 - Stay tuned for themes!

6:00 - 9:00 pm

Dinner is served!

Members: \$15 | **Program Participants:** \$20

Additional siblings half price.



Shining Tides

WEDDINGS BY THE SEA

A Division of **YMCA SOUTHCOAST**
38 RESERVATION RD • MATTAPOISETT MA
508.525.5729 • WEDDINGS@YMCASC.ORG
SHININGTIDESWEDDINGS.COM

School Vacation Camp at the Mattapoissett YMCA

Monday, February 18 - Friday, February 22
Monday, April 15 - Friday, April 19

Vacation Camp at the Mattapoissett YMCA is where you want to spend your school vacations. Enjoy the scenery of Camp Massasoit while enjoying outdoor play, indoor activities such as STEM challenges, field trips and so much more! Contact Traci Antil for complete schedule and field trip details.

Contact Traci Antil at 508.758.4203 x104 or
tantil@ymcasc.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BAG HUNGER NOW

Nutrition On Weekends

Wish List



- Cereal bars or granola bars—low sugar
- Tuna or Chicken pouches
- Peanut butter or cheese crackers
- Single servings of natural apple sauce
- Pop-top soups with meat (Progresso, Chunky, etc.)
- Fruit cups or pop-top canned fruit—in 100% fruit juice or water
- Pop-top canned meals in 15-oz size (Chef Boyardee Ravioli, Beefaroni, etc.)
- Single serving size boxes of cereal or oatmeal—whole grain
- Prepackaged single-serve bags of healthy or whole grain snacks (raisins, pretzels, Teddy Grahams, Annie's, etc.)
- Shelf-stable single-serve boxed milk (Hersey's, Horizon, etc)

Please place purchased items in a shopping bag and drop in the collection bins lobby of the **New Bedford YMCA, Mattapoissett YMCA or Dartmouth YMCA**, the libraries in **Mattapoissett, Marion, Fairhaven and Rochester** or the **Mattapoissett Congregational Church**.

For more information, to make a cash donation, or volunteer to stuff and organize bags, visit ymcasouthcoast.org.

Mattapoissett YMCA A Division of YMCA Southcoast
38 Reservation Road Mattapoissett MA 508.758.4203 ymcasouthcoast.org