



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Gleason Family YMCA

Pool Schedule

Contact: Mel Dyer, Aquatic Director
508.295.9622 x27 mdyer@ymcasouthcoast.org

June 26 – August 20, 2017

* When 6 lap lanes are available, 1 will be reserved as an exercise lane.

*The number of lap lanes may change due to unexpected pool use and programming without prior notice.

*Lane lines will be removed /inserted 5–10 minutes prior to/after classes which will reduce the number available.

Please plan accordingly!

*Please call with questions or concerns.

We hope that you enjoy your swim and thank you for your cooperation in advance!

INDOOR POOL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM	5:15–8:30 (6) 8:30–11:00 (3) 11:00–11:30 (2) 11:30–12:15 (0) 12:15–4:00 (5) 4:00–5:30 (2) 5:30–6:15 (5) 6:15–8:00 (1) 8:00–8:45 (6)	5:15–8:00 (6) 8:00–9:00 (3) 9:00–9:30 (6) 9:30–11:00 (3) 11:00–11:30 (2) 11:30–12:15 (0) 12:15–2:00 (5) 2:00–5:30 (3) 5:30–6:15 (1) 6:15–7:00 (0) 7:00–8:00 (5) 8:00–8:45 (6) <i>*Closed 7/4 for Holiday!</i>	5:15–8:00 (6) 8:00–9:30 (3) 9:30–10:15 (0) 10:15–11:00 (3) 11:00–11:30 (2) 11:30–12:15 (0) 12:15–4:00 (5)* 4:00–5:30 (2) 5:30–6:15 (5) 6:15–8:00 (1) 8:00–8:45 (6) *Lanes limited on 8/2/2017	5:15–8:00 (6) 8:00–9:00 (3) 9:00–9:30 (6) 9:30–10:00 (3) 10:00–10:30 (5) 10:30–11:00 (3) 11:00–11:30 (2) 11:30–12:15 (0) 12:15–4:00 (5)* *VACUUMING 2:00–3:00 4:00–5:30 (3) 5:30–6:15 (1) 6:15–7:00 (0) 7:00–8:00 (5) 8:00–8:45 (6)	5:15–8:00 (6) 8:00–10:15 (1) 10:15–4:00 (5) 4:00–5:30 (3) 5:30–6:15 (5) 6:15–8:00 (1) 8:00–8:45 (6)	7:00–9:00 (6) 9:00–12:00 (0) 12:00–1:00 (3) 1:00–4:45 (4)* *7/8 & 8/12 - Close at 4:30pm for staff training	7:00–10:00 (6)
OPEN SWIM	12:00–1:00pm Parent Tot ----- 1:00–3:30pm 6:00–8:00pm Open Swim	12:00–1:00pm Parent Tot ----- 1:00–4:00pm 6:00–8:00pm Open Swim *Closed 7/4 for Holiday!	12:00–1:00pm Parent Tot ----- 1:00–4:30 6:00–8:00pm Open Swim	12:00–1:00pm Parent Tot ----- 1:00–3:30pm 5:30–8:00pm Open Swim	1:15–4:00pm 6:00–8:00pm Open Swim	1:00–4:45pm * w/Slide & Water Features @ 2:00pm *7/8 & 8/12 - Close at 4:30pm for staff training	
SPECIAL NEEDS	12:00–2:00pm	12:00–2:00pm ----- SOCO REHAB 2:00–4:00pm *Closed 7/4 for Holiday!	12:00–2:00pm	12:00–2:00pm	SOCO REHAB 8:00–10:00am ----- 1:15–3:00pm	12:00–2:00pm	
WATER AEROBICS - Aquapump (AP) Aquacise (AC)	8:30–9:30am Pam (AC) 11:00am–12:00pm Jack P. (AC)	8:00–9:00am Winthrop (AP) *Closed 7/4 for Holiday!	8:00–9:00am Mel (AP) 9:00–10:00am Pam (AC) 11:00am–12:00pm Richie (AC)	8:00–9:00am Winthrop (AP)	8:00–9:00am Pam (AC) 9:00–10:00am Pam (AC)		
STRETCH AND FLEX		11:00am–12:00pm Pam *Closed 7/4 for Holiday!		11:00am–12:00pm Pam			
OUTDOOR POOL	Members ONLY! Lap/Open Swim 9:00am–12:00pm (2-3) 3:30–7:00pm* (2-3) *Pool area closes At 12 & 7:15pm	Members ONLY! Lap/Open Swim 9:00am–12:00pm (2-3) 3:30–7:00pm* (2-3) *Pool area closes At 12 & 7:15pm	Members ONLY! Lap/Open Swim 9:00am–12:00pm (2-3) 3:30–7:00pm* (2-3) *Pool area closes At 12 & 7:15pm	Members ONLY! Lap/Open Swim 9:00am–12:00pm (2-3) 3:30–7:00pm* (2-3) *Pool area closes At 12 & 7:15pm	Members ONLY! Lap/Open Swim 9:00am–12:00pm (2-3) 3:30–7:00pm* (2-3) *Pool area closes At 12 & 7:15pm	Members ONLY! Lap Swim 12:00–4:45pm* (2-3) Open Swim 12:00–4:45pm* *Pool area closes At 5:00pm	Members ONLY! Lap Swim 12:00–4:45pm* (2-3) Open Swim 12:00–4:45pm* *Pool area closes At 5:00pm

