



Experience Buzzards Bay in a whole new way!

At the Buzzards Bay Swim, you can achieve your personal goals while contributing to a meaningful cause: protecting and restoring clean water in your community.

SWIM

Take on a fun and exciting new fitness challenge with plenty of safety and support as you swim across the outer harbor.



CELEBRATE

Meet new friends at an unforgettable beach party with pancake breakfast, gourmet coffee, local beer, awards, and live music.



SAVE

Know that your participation will help restore and protect clean water in Buzzards Bay for today and future generations.



YMCA Members: Use code YMCA19 for free registration

TRAINING & SUPPORT AVAILABLE

Buzzards Bay Coalition and YMCA Southcoast have partnered to provide you special membership rates for pool access, multi-week training sessions, and outdoor swim clinics in early June. Supporting your participation in the Buzzards Bay Swim on June 22 is our goal!

SPECIAL MEMBERSHIPS & RATES

Length	Adult	Youth	Join Before
6-Month	\$300	\$120	February 25
3-Month	\$150	\$60	June 30

YMCA PROGRAMS

ADULT SWIM CLINIC (All Levels)

\$51- Members | \$98 - Program Participants

Locations: New Bedford YMCA, Gleason Family YMCA Wareham

One day per week for 45 minutes for seven weeks. YMCA Aquatic Staff will guide swimmers through a variety of exercises in the water to increase or maintain stamina and expand skillset. Activities will include rotary breathing and stroke improvement. Documentation to swim unescorted in event provided to those who qualify.

BUZZARDS BAY SWIM PREP (Age 11+)

\$51- Members | \$98 - Program Participants

Location: New Bedford YMCA

Two one-hour meetings to discuss concerns and review preparations for the Buzzards Bay Swim on June 22. Topics include selecting an appropriate wetsuit for open water. The 2nd meeting will offer the chance to try swimming in your wetsuit plus additional training strategies for the event.

Adult Swim Clinic & Buzzards Bay Swim Prep are available both SPRING 1 (Feb. 25 - April 19) and SPRING 2 (April 22 - June 15)

OPEN WATER CLINICS (Age 11+)

Free and open to the public

Location: Fort Phoenix Beach, Fairhaven

Two 90-minute clinics for those registered for the 2019 Buzzards Bay Swim or just considering it. Orientation and Q&A for first 30 minutes, then 60 minutes of guided swimming with tips and strategies for sighting in open water and swimming near kayakers and paddleboards. Also a good time to try new wetsuits and gear in open water. Sat. 6/8 and Sat. 6/15 at 10:30am, RSVP required for outdoor swims: savebuzzardsbay.org/events